

Norwalk Health Department Board of Health Actions

**May 11, 2004
8:00 AM
Library**

Call to order at 8:00 AM

Present: Board of Health – Mr. Lalime, Dr. McNamara
Staff – Mr. Callahan, Director of Health & Ms. Collins, Health Educator
There was not a quorum, therefore no action was taken at this meeting

Minutes of April 13, 2004 Meeting
No action taken

Healthy Lifestyles Project

Ms. Collins provided an update on this project, which is funded by a grant from the Connecticut Department of Public Health (CT DPH). This three-year project is approaching the end of the second year. One of the goals is to change a policy that effects health. Toward this end Norwalk Health Department staff have negotiated with the CT DPH to get senior citizens vouchers for food products to be used at state sponsored farmer's markets. Another goal is to increase physical activity. The Become a Nor Walker project is setting up 10 walking routes in as many city neighborhoods. By June 30, 2004 7 walking routes will be mapped. The remaining routes will be established during the final year of the project. An advertising campaign to promote physical activity is also underway. Information of this project is posted on the Health Department web site, www.norwalkhealth.com

Personnel Changes

A plan to utilize a Sanitarian to continue the emergency response preparations was developed and is under negotiations with the Norwalk Municipal Employees Association.

Carol Tamme, the WIC Program Coordinator, resigned to become the Executive Director of the Darien Chamber of Commerce. Andrea Reyes, Program Nutritionist, is serving as the Acting Program Coordinator. The CT DPH, the source of funding for this project is considering consolidating the Stamford and Norwalk WIC Programs. Until the CT DPH makes a decision the Norwalk Program Coordinator will serve in an acting capacity. Emily Swann was hired as a part time Program Nutritionist.

Other Business

Childhood Immunizations

A report prepared by the CT DPH on the immunization status of 2 year olds was reviewed. The immunization rates for 2-year-old living in Norwalk is consistently among the highest for cities in Connecticut. The Maternal and Child Health Program focuses on making immunizations readily accessible to children living in the city.

Adjourn 9:30 AM

