

**Monthly Meeting
Minutes
February 9, 2010
8:00 AM
Library**

Call to order at 8:08 AM

Present: Board of Health – Matt Brovender, Esq., Greg Burnett, Kenneth Lalime, RPH, John McNamara, MD, (phone), and Theresa Quell, PhD, RN

Staff – Tim Callahan, Director of Health, David Reed, MD, Medical Director, and Helena Milmeister, MPH, Healthy Lifestyles Associate

Guest: Paul Gallo, Director of Exercise Science, Norwalk Community College
3 Fairfield University nursing students

Minutes of January 12, 2010 Meeting - Motion to approve by Mr. Lalime, seconded by Ms Quell, passed unanimously

General Mills-Champions for Healthy Kids 2010 - Fit Kid Olympics

Helena Milmeister introduced the program. Paul Gallo, Director of Exercise Science, Norwalk Community College presented the plan for 2010. In cooperation with the Norwalk YMCA and Sacred Heart University Department of Exercise Physiology a 10-week nutrition and exercise program will be introduced to Afterschool program attendees at 2 of the 5 sites operated by the YMCA. The 3 sites not participating are controls. Students from Sacred Health University and Norwalk Community College will implement a curriculum developed with input from YMCA afterschool staff as part of service based learning. Recognized standardized tools will be used to implement and evaluate the program. Mr. Gallo will meet with the Board upon conclusion of the program to review the results.

Seasonal and H1N1 Vaccination Updates

The health department staff administered approximately 2,600 doses of H1N1 vaccine and redistributed 2,320 doses of H1N1 vaccine to community providers. Vaccination efforts will continue. The CT Department of Public Health (CT DPH) is encouraging providers to provide vaccine throughout the winter as part of the effort to protect people from an expected third wave in this pandemic. The third wave is expected in late winter or early Spring 2010.

Mr. Callahan consulted with Dr. William Pappillo, Acting Superintendent of Schools, as to the feasibility of conducting vaccination programs in the high schools. Dr Pappillo's working with School administrators, efforts to determine the interest among parents and students in a vaccination program was not productive. Mr. Callahan is working with Rhonda Capuano, School Based Health Center Director, to provide H1N1 vaccine through the centers.

Two sessions were held for Norwalk Community College faculty and staff during the first week of the spring term and 150 people received vaccine. Additional sessions are scheduled one time per week for the next four weeks.

Haiti Relief

David Reed, MD, Medical Director presented slides and spoke about his trip to Haiti with Stamford Hospital. Unimaginable devastation caused by the earthquake to people and property as became apparent from viewing the slides and listening to Dr Reed. The public health consequences are just beginning. There is a lack of potable water, sewage is spewing into the streets and solid waste is being discarded along streets and in canals. The rainy season is nearly at hand, which will add to the likelihood of the appearance of communicable diseases. The Board discussed the opportunity this situation presents to make the public aware of the importance good sanitary practices and the role of public health policy and programs. Mr. Callahan will keep the Board apprised of the development of the public health response. The Board recognized and applauded Dr Reed for his humanitarian efforts in Haiti.

Adjourn at 9:20 AM

